

<b>Anglicare CQ</b>	<b>Healthy Minds Program</b>	Cover Longreach, Winton, and Barcaldine Provide one-on-one services, peer support, self-help groups, and group outings and activities for people aged 18 to 64 (and their families and carers) living with severe and persistent mental illness Referrals can be made via email: <a href="mailto:Intakehealthyminds@anglicarecq.org.au">Intakehealthyminds@anglicarecq.org.au</a>
<b>Centacare NQ</b>	<b>Partners in Recovery</b>	Cover the Central West district Supports people with severe and persistent mental illness and complex needs, as well as their carer's and families All referrals accepted with individual consent Appointments can be made via phone (0499 301 870) or email: <a href="mailto:smarks@centacarenq.org.au">smarks@centacarenq.org.au</a>
<b>Financial Counselling</b>	<b>RAPAD Small Business and Individual Financial Counselling Service</b>	Cover the Central West district (RAPAD shires) Provides a confidential, free financial counselling to non-rural business operators who are suffering financial hardship and assistance to manage the challenges presented by the current drought and ongoing economic conditions. Available to all individuals and small non-rural businesses in the region Appointments can be made via phoning Peter Whip (0428 581 512)
	<b>Rural Financial Counselling Service North Queensland (RFCS-NQ)</b>	Cover the Central West district excluding Blackall-Tambo Region Provides confidential, free and impartial rural financial counselling service face-to-face on properties or via phone Available to primary producers, fishers and small rural businesses seeking financial information and options Appointments can made by phoning Rodney Valentine (0429 158 801) or Rachel Bock (0427 583 096)
	<b>Rural Financial Counselling Service Southern Queensland (RFCS-SQ)</b>	Cover the Blackall-Tambo region of the Central West Provides confidential, free and impartial rural financial counselling service face-to-face on properties or via phone Available to primary producers, fishers and small rural businesses seeking financial information and options Appointments can made via phone (4622 4858)
<b>Lives Lived Well</b>	<b>Alcohol and Drug Counselling</b>	Cover Longreach, Barcaldine, Winton, Blackall, and Boulia Provide individual and group drug and alcohol counselling support All referrals accepted with individual consent Appointments can be made via phone (1300 727 957) or email: <a href="mailto:longreach@liveslivedwell.org.au">longreach@liveslivedwell.org.au</a>

Mental Health, Alcohol and Other Drugs Service	Adult Mental Health Service	Provide specialist services for adults over 18 experiencing severe and complex mental illness Afterhours support provided by a Consultant Psychiatrist in Rockhampton (4620 6111)
	Child and Youth Mental Health Service	Provide specialist services for Consumers under 18 with complex needs and their families Afterhours support provided by Child and Adolescent Consultant Psychiatrist in Brisbane (3068 2555)
	Alcohol and Other Drugs Service	Provide drug and alcohol counselling and assessment (including the Queensland Illicit Drug Diversion Initiative), coordinate rehabilitation and detoxification, and promote harm minimisation strategies and events
	<i>Referral Details:</i>	All teams cover the Central West district (RAPAD shires) and are supported by Indigenous Health Workers Any source can refer via phone (4652 7951), fax (4652 7959), or email: <a href="mailto:cw.mhaods.referral@health.qld.gov.au">cw.mhaods.referral@health.qld.gov.au</a>
Outback Futures	Mental Health and Wellbeing Program	Cover Longreach, Barcaldine, Blackall-Tambo, and Winton with face-to-face clinics Currently also servicing Boulia, Barcoo, and Diamantina by phone while face-to-face clinics are established Provide individual, child and family support including psychology, counselling, learning/literacy, occupational therapy, speech and language pathology, and physiotherapy via face-to-face mobile clinics, phone, and online support All referrals accepted with individual consent Appointments can be made via phone (0417 703 729) or email: <a href="mailto:info@outbackfutures.org.au">info@outbackfutures.org.au</a>
Relationships Australia QLD	Gambling Help & Domestic and Family Violence Counselling	Cover the Central West district (RAPAD shires) Provide face-to-face and telephone counselling for gambling and domestic and family violence (DFV) All referrals accepted with individual consent Appointments can be made via phone (0409 355 964) or email: <a href="mailto:mkani@raq.org.au">mkani@raq.org.au</a>
Royal Flying Doctors Service	Drought Wellbeing Service	Cover the Central West region Provide free clinical counselling and support to people living and working in areas impacted by drought, as well as community talks, presentations and training Referrals can be made by individuals, family members, GP's or community support agencies Enquiries can be made by phone (0427 288 432) or email: <a href="mailto:infodws@rfdsqld.com.au">infodws@rfdsqld.com.au</a>
	Psychology Program	Cover the core of the Central West from Winton to Alpha and Muttaborra to Tambo, including Isisford Provide face to face counselling for adults and children experiencing moderate to severe mental health issues Referrals are required from a GP, Psychiatrist, or Paediatrician Appointments can be made via phone (4652 5800)
	New Access Program	Cover the Longreach region Provide low Intensity early intervention Cognitive Behaviour Therapy for individuals with mild to moderate depression and anxiety symptoms over six sessions (first session 60mins, subsequent sessions 30mins in duration) Self-referrals are accepted, with no GP referral required Appointments can be made via phone (4652 5800), fax (4652 5899), or email: <a href="mailto:newaccess@rfdsqld.com.au">newaccess@rfdsqld.com.au</a>